

# CONSENTMENT FORM

## INJURY PREVENTION

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The principle of *Archery Battle* is to score points by shooting the bow and hitting a target or opponent with pain-free arrows. Indeed, the tips of our arrows are rigid foam, specially created to absorb shocks. This makes them perfectly painless for the opponent while guaranteeing maximum precision. We also provide everyone with a protective mask and arm guard to adequately protect all players.

However, no sport is completely without risk of injury. This is why before the game, our facilitators provide all players with initial training on how to safely manipulate the bow and arrows, insisting on the safety rules that allow all participants to benefit from a pleasant and safe environment. Our facilitators also supervise the players before, during and after each game to ensure a rigorous application of these rules at all times.

Please note that our facilitators may ask players who are injury-prone, have a sprain or pulled muscle to refrain from playing since *Archery Battle* requires running, jumping, and squatting, etc. Injuries can also result from an unexpected or inadequate gesture on the part of a player, whether or not there is contact with another player, bow or arrow.

By checking the boxes below, I certify that I have read and understood the rules that must be followed during an *Archery Battle* activity to:

### **Avoid any risk of injury, for myself and my teammates:**

- Wear a mask at all times to protect your face from impacts while on or near the playing surface.**
- Place your arrow on the ground and keep your mask when collecting arrows near the inflatable structures and at the end of the game.**
- Never aim at an individual who does not have a mask.**
- Handle your bow only when you are on the playing surface, since the end of the bow could hit the face of someone not wearing a mask.**
- Do not tighten the string of your bow if there is no arrow. The string and the limbs of your bow could become damaged.**
- Wear your armguard at all times to prevent your bow string from pinching your skin.**

### **Not have in my possession the following items, prohibited on the playing field at all times:**

- Winter boots, sandals, or loosely laced shoes or sneakers.**

All participants must wear properly laced shoes that provide adequate ankle and foot support.

- Any items in the pockets of clothing worn on the playing surface.**

Prior to the game, all players must empty the pockets of their clothes and store their personal objects (backpack, wallet, cell phone, sunglasses, shoes, etc.) in a safe space outside the play area delimited by the facilitators (e.g. in a locker, car, etc.).

Furthermore, no objects must litter the gym floor, the playing field or surrounding area in order to further reduce the risk of injuries. Our facilitators are not responsible for the safeguarding of your personal belongings. We are not responsible for any theft that may occur during your event. Please check beforehand if the rented space contains lockers and bring a padlock to lock yours.

**Adopt responsible and safe behaviour before, during and after the game**

- I am responsible for my actions and any consequences resulting from poor behaviour on my part, for risk of being expelled. There will be no reimbursement.

I certify that I have read and understood all the clauses set out in this contract.

COMPLETED AND SIGNED IN : \_\_\_\_\_  
*(name of the city)*

\_\_\_\_\_  
Signature of the participant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed first name and surname  
(mandatory)

**PARTICIPANTS UNDER THE AGE OF 18**

All participants under the age of 18 must have this agreement signed by a parent or guardian. This signature is added to the participant's signature. It does not replace the participant's signature.

- I have read the clauses set out in this contract with my child, paying particular attention to the participant's obligations.
- I have made sure that my child understands all of the safety rules and the consequences that will apply if he or she does not respect them.

I certify that I have read and understood all the clauses set out in this contract.

COMPLETED AND SIGNED IN : \_\_\_\_\_  
*(name of the city)*

\_\_\_\_\_  
Signature of a parent or legal guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed first name and surname  
of a parent or legal guardian (mandatory)